

Curriculum

Personal information

First name(s) / Surname **Sara Maria MAESTRONI**
Address Via Magenta, 19 - 21040 - UBOLDO (VA) - ITALY
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E-mail info@saramaestroni.it
Web Site www.saramaestroni.com
Nationality Italian
Date of birth 13.02.1978
Gender F

Work experience

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| Dates | 28.03.2011- |
| Occupation | Clinical Psychologist, specialty Psychological Assessment. Psychological support and Psychological Assessment, based on the techniques of collaborative approach, developed by Stephen Finn and his colleagues at the Centre for Therapeutic Assessment in Austin, Texas. |
| Main activities and responsibilities | Partnership with the “Mara Selvini Palazzoli” Centre, in Saronno (VA), Italy |
| Name and address of employer | Private Practice - Via Volonterio, 21 - Saronno (VA) - Italy |
| Dates | 10.03.11 - |
| Occupation or position held | Volunteering Psychologist at the Childhood Neuropsychiatric Department of the hospital. |
| Main activities and responsibilities | Psychological support to patients (until 18th year of age), psychological assessment, team work, together with other subjects of the social network (teachers, welfare officer,...), attendance at the periodically equipe meeting. |
| Name and address of employer | Hospital - Azienda ospedaliera “Ospedale di Circolo di Busto Arsizio” - situated in Saronno, Borella Square, n° 1. |
| Dates | 16.04.10 - 28.02.11 |
| Occupation or position held | Psychologist trainee. |
| Main activities and responsibilities | Observation of the Childhood Neuropsychiatric Department activities, under the supervision of Dr. Mulas: psychological assessment, initial interviews with parents, family therapies, equipe meeting, patients welcoming. |
| Name and address of employer | Hospital - Azienda ospedaliera “Ospedale di Circolo di Busto Arsizio” - situated in Saronno, Borella Square, n° 1. |
| Dates | Academic year 2009/2010 |
| Occupation or position held | Educational project about “The technologies addiction”, involving the students between 16 and 18 years old. |
| Main activities and responsibilities | Co-leader of the classes and assessment sessions (Separation Anxiety Test and TAS-20). |
| Name and address of employer | School “Istituto Suore Orsoline di S. Carlo” - Saronno (VA) - Italy |

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| Description | The project, appointed to "Centro Mara Selvini" (Saronno and Varese), has involved the students of the Secondary Education, attending the scientific, linguistic and educational course of studies. The students were involved in classes (8 hours each group) and individual assessment session (SAT and TAS-20). A communication phase ended the project: the results were communicated to students, teachers and parents. |
| Dates | Academic year 2008/2009 |
| Occupation or position held | Educational project about "Food disorders and attachment bond", involving the students between 15 and 17 years old. |
| Main activities and responsibilities | Co-leader of the classes and assessment sessions (SCL-90, EAT-40 and Separation Anxiety Test). |
| Name and address of employer | School "Istituto Suore Orsoline di S. Carlo" - Saronno (VA) - Italy |
| Description | The project, appointed to "Centro Mara Selvini" (Saronno and Varese), has involved the students of the Secondary Education, attending the scientific, linguistic or educational course of studies. The students were involved in classes (6 hours each area of subjects) and individual assessment sessions (SCL-90, EAT-40 and SAT). A communication phase ended the project: the results were communicated to students, teachers and parents. |
| Dates | 7-9th of November 2008 |
| Occupation or position held | 4th residential convention of the School of Family Therapy "Mara Selvini Palazzoli", Salice Terme. |
| Main activities and responsibilities | Co-lecturer of the speech "The Separation Anxiety Test in clinical practice: preliminary evidences". |
| Name and address of employer | School of Family Psychotherapy "Mara Selvini Palazzoli", Milan, Italy. |
| Dates | 1st of October 2002 - 30th of April 2005 |
| Occupation or position held | Junior researcher in Biology |
| Main activities and responsibilities | Research activities on potential drugs for the therapy of the Central Nervous System pathologies (Parkinson's Disease and Alzheimer Disease). |
| Name and address of employer | Newron Pharmaceutical - Via Ariosto, 21 - Bresso (MI) |
| Paper | |
| Dates | 26 - 28 September 2006 |
| Title | <i>"Involvement of mitogen-activated protein kinases in oxidative stress-induced cell death in human SH-SY5Y neuroblastoma cells"</i> . |
| Authors | Restivo A., Maestroni S., Salvati P., Fariello R., Caccia C. |
| Where | International Congress of the Italian Society of Neurosciences - Pisa - Italy. |
| Patents | |
| Patent Office | Europe |
| Status | Released |
| Patent Number | 06723075.5-1521-EP2006001572 |
| Title | Substituted Aminoalkyl- and Aminoalkyl-Benzopyran Derivatives |
| Date | 22 February 2006 |
| Inventors | Sara Maria Maestroni |
| Patent Office | Europe |
| Status | Released |
| Patent Number | 05006752.9 |
| Title | Substitute aminoalkyl- and aminoalkyl-benzopyran derivatives |
| Date | 29 March 2005 |
| Inventors | Sara Maria Maestroni |

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| | Carotti Angelo - Bari (BA) - Italy Melloni Piero - Bresso (MI) - Italy Thaler Florian - Merano (BZ) - Italy Caccia Carla - Cardano al Campo (VA) - Italy Salvati Patricia - Lainate (MI) - Italy |
| Patent Office | Europe |
| Status | Released |
| Patent Number | 03023341.5 |
| Title | Prolinamide Derivatives |
| Date | 15 October 2003 |
| Inventors | Sara Maria Maestroni Caccia Carla - Cardano al Campo (VA) - Italy La Porta Elena - Bresso (MI) - Italy Melloni Piero - Bresso (MI) - Italy Sabido David Cibebe - Bresso (MI) - Italy Salvati Patricia - Lainate (MI) - Italy |
| Patent Office | Europe |
| Status | Released |
| Patent Number | 03026779.3 |
| Title | 3-amynopirrolidone derivatives |
| Date | 21 November 2003 |
| Inventors | Sara Maria Maestroni Thaler Florian - Merano (BZ) - Italy Sabido David Cibebe - Bresso (MI) - Italy Raveglia Luca Francesco - Bresso (MI) - Italy Salvati Patricia - Bresso (MI) - Italy |
| Patent Office | Europe |
| Status | Released |
| Patent Number | 03026782.7 |
| Title | Histidine Derivatives |
| Date | 21 November 2003 |
| Inventors | Sara Maria Maestroni Melloni Piero - Bresso (MI) - Italy Sabido David Cibebe - Bresso (MI) - Italy Faravelli Laura - Bresso (MI) - Italy Dondio Giulio - Bresso (MI) - Italy Salvati Patricia - Bresso (MI) - Italy |
| Licenses | |
| Date | December 2012 |
| Title | Practice of Psychology in Canton Ticino, Switzerland |
| Name of certifying Organization | Health and Social Department, Office of Health, Republic and Canton Ticino, Switzerland |
| Date | 24.03.2011 |
| Title | Admitted to the "A" section of the Professional Association of Psychology of Lombardy. |
| Name of certifying Organization | Professional Association of Psychology of Lombardy, Italy. |

Education and training

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| Dates | 22 - 23 of October 2012 |
| Title of qualification awarded | Autism Diagnostic Observation Test (ADOS), I Level training. |
| Name and type of organisation providing education and training | Childhood Neuropsychiatric Department at the Hospital "Ospedale di Circolo di Busto Arsizio" - Busto Arsizio (VA) - Italy. |
| Dates | 21 - 24 of May 2012 |
| Title of qualification awarded | Mentalization-based treatment, basic level. |
| Principal subjects/ occupational skills covered | Intensive course with Peter Fonagy and Antony Bateman as teachers. Mentalizing consists in our ability to attend to mental states in ourselves and in others as we attempt to understand our own actions and those of others on the basis of intentional mental states. A focus on this very human activity as a therapeutic intervention forms the core of Mentalization Based Treatment (MBT). |
| Name and type of organisation providing education and training | "Anna Freud" Centre - London (UK) |
| Dates | 1 - 3 of March 2012 |
| Title of qualification awarded | Thematic Apperception Test (TAT): characteristics, theoretical references and collaborative use. |
| Name and type of organisation providing education and training | Catholic University of the Sacred Heart - Milan, Italy. |
| Dates | 16 March 2011 |
| Title of qualification awarded | II Level Master's course: "Collaborative use of psychological tests in clinical and psychotherapeutical practice" - Psychological Assessor. |
| Principal subjects/ occupational skills covered | Several tests were taught: MMPI-2, Rorschach test (Scoring: Exner's comprehensive System), TEMAS (Tell Me A Story), Cognitive Tests (Raven's Progressive Matrices, non-verbal cognitive test, Ray's complex figure, Bender Visual Motor Gestalt Test), Clinical Generational Interview. |
| Name and type of organisation providing education and training | Post Graduate School of Psychology "Agostino Gemelli" - Milan, Italy. |
| Dates | 21 January 2011 |
| Title of qualification awarded | International workshop: "Story and principles of the Collaborative Assessment: using the psychological tests to reach our clients' life events". |
| Name and type of organisation providing education and training | Post Graduate School of Psychology "Agostino Gemelli" - Milan, Italy. |
| Dates | 19 November 2011 |
| Title of qualification awarded | International workshop: "The Assessment of migrant children and adolescent: problems and resources. The TEMAS: the first multicultural narrative projective test". Prof. Giuseppe Costantino. |
| Name and type of organisation providing education and training | Post Graduate School of Psychology "Agostino Gemelli" - Milan, Italy. |
| Dates | 8-9 October 2011 |
| Title of qualification awarded | International workshop: "The Therapeutic Assessment of adolescent and his family". Prof. Stephen Finn. |

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| Name and type of organisation providing education and training | Post Graduate School of Psychology “Agostino Gemelli” - Milan, Italy. |
| Dates | 22 December 2009 |
| Title of qualification awarded | Master's degree in “Clinical Psychology: health, familiar relationship and community interventions”. |
| Principal subjects/ occupational skills covered | Master's degree Thesis (107/110): “Origin and development of the studies on the intergenerational transmission of the Attachment”. (Coordinator: Prof. Camisasca Elena, Advisor: Prof. Di Blasio Paola). |
| Name and type of organisation providing education and training | Holy Heart Catholic University - Milan - Italy. |
| Dates | February - May 2009 |
| Title of qualification awarded | Advanced Level course (40 hours): “Attachment, temperament and relationship: diagnostic tests, observational assessment and clinical applications”. Teacher: Professor Grazia Attili. |
| Name and type of organisation providing education and training | Centre “Mara Selvini Palazzoli” - Milan - Italy. |
| Dates | January - June 2008 |
| Title of qualification awarded | Basic level course (80 hours): "Attachment, temperament and relationship: diagnostic tests, observational assessment and clinical application", Teacher: Prof. Grazia Attili. |
| Name and type of organisation providing education and training | Centre “Mara Selvini Palazzoli” - Milan - Italy. |
| Dates | 13 July 2007 |
| Title of qualification awarded | Bachelor's Degree in Psychological Science and Techniques, with top marks. |
| Principal subjects/ occupational skills covered | Thesis title: “Neuropsychological mechanisms of the communication” (Coordinator: Prof. Daniela Balconi). |
| Name and type of organisation providing education and training | Holy Heart Catholic University - Milan - Italy. |
| Dates | 13 November 2002 |
| Title of qualification awarded | Master's degree (108/110) in Biological Sciences, physiopathological specialty. |
| Principal subjects/ occupational skills covered | Thesis title: “Functional role of the selectively involved Protein-Kinases in neurodegenerative pathology models” (Coordinator: Prof. Loredano Pollegioni; Advisor: Dr. Carla Caccia). |
| Name and type of organisation providing education and training | Insubria University - Varese - Italy. |
| Dates | December 2001 |
| Title of qualification awarded | Advanced Certificate of English |
| Name and type of organisation providing education and training | School “Corsi di Lingue” - Varese - Italy. |
| Dates | February 2001 |
| Title of qualification awarded | First Certificate of English |
| Name and type of organisation providing education and training | School “Corsi di Lingue” - Varese - Italy. |

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| Mother tongue | Italian | | | | |
| Other language | English | | | | |
| Self-assessment | Understanding | | Speaking | | Writing |
| <i>European level (*)</i> | Listening | Reading | Spoken interaction | Spoken production | |
| Language | Good | Good | Good | Good | Good |

(*) *Common European Framework of Reference for Languages*